

**Howardian Hills
Split time results**

Sat 13/03/2010 19:15

created by [OEScore2003 © Stephan Krämer 2008](#)

P1 Name	Club										Pts	Time	Pty		
M21 Men 17-39 (10) 240:00 min 30 C 525 Pts															
1 Andrew Windrum	Full										495	4:02:09	-3		
75 (25)	70 (20)	65 (15)	80 (30)	74 (25)	69 (20)	79 (30)	64 (15)	63 (15)	53 (5)	58 (10)	78 (30)	52 (5)	73 (25)	72 (25)	77 (30)
7:57	20:46	29:36	40:31	44:42	54:13	58:59	1:06:48	1:12:35	1:23:46	1:29:11	1:34:13	1:46:09	1:52:05	2:04:30	2:09:57
7:57	12:49	8:50	10:55	4:11	9:31	4:46	7:49	5:47	11:11	5:25	5:02	11:56	5:56	12:25	5:27
2 Will Simmons	Full										510	4:12:27	-30		
68 (20)	53 (5)	58 (10)	78 (30)	52 (5)	73 (25)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	67 (20)	76 (30)	66 (20)	56 (10)	61 (15)
7:04	13:54	19:09	24:41	35:33	41:40	54:27	1:00:15	1:07:21	1:15:37	1:20:00	1:41:21	1:52:20	2:02:29	2:12:52	2:17:04
7:04	6:50	5:15	5:32	10:52	6:07	12:47	5:48	7:06	8:16	4:23	21:21	10:59	10:09	10:23	4:12
3 Andy Taylor	Full										405	4:00:15	-1		
59 (10)	70 (20)	65 (15)	80 (30)	74 (25)	69 (20)	79 (30)	64 (15)	63 (15)	58 (10)	78 (30)	52 (5)	73 (25)	72 (25)	77 (30)	62 (15)
6:30	29:43	39:36	52:45	57:50	1:08:48	1:15:39	1:27:18	1:34:51	1:47:35	1:53:49	2:08:48	2:16:36	2:34:07	2:41:41	2:50:26
6:30	23:13	9:53	13:09	5:05	10:58	6:51	11:39	7:33	12:44	6:14	14:59	7:48	17:31	7:34	8:45
4 Richard Harrison	Full										340	3:59:04			
68 (20)	73 (25)	58 (10)	78 (30)	52 (5)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	67 (20)	76 (30)	66 (20)	55 (5)	75 (25)	70 (20)
9:02	22:53	36:33	42:06	56:06	1:04:44	1:10:35	1:22:11	1:32:42	1:39:38	1:58:59	2:13:35	2:27:44	2:52:25	2:58:03	3:18:02
9:02	13:51	13:40	5:33	14:00	8:38	5:51	11:36	10:31	6:56	19:21	14:36	14:09	24:41	5:38	19:59
5 Kelvin Parkin	Full										320	3:58:32			
68 (20)	53 (5)	73 (25)	72 (25)	52 (5)	78 (30)	58 (10)	63 (15)	64 (15)	79 (30)	69 (20)	74 (25)	80 (30)	65 (15)	70 (20)	55 (5)
9:31	20:22	33:51	53:28	1:06:59	1:18:12	1:28:17	1:43:04	1:53:07	2:04:54	2:17:17	2:31:57	2:40:27	3:05:01	3:20:10	3:34:15
9:31	10:51	13:29	19:37	13:31	11:13	10:05	14:47	10:03	11:47	12:23	14:40	8:30	24:34	15:09	14:05
6 Ben Joyson	Assoc										315	3:45:40			
68 (20)	53 (5)	58 (10)	78 (30)	52 (5)	73 (25)	63 (15)	64 (15)	79 (30)	69 (20)	74 (25)	80 (30)	65 (15)	70 (20)	60 (10)	55 (5)
13:55	23:58	30:24	37:13	51:49	1:00:59	1:26:01	1:35:15	1:42:19	1:48:24	2:02:49	2:10:01	2:25:27	2:37:58	2:47:10	3:15:06
13:55	10:03	6:26	6:49	14:36	9:10	25:02	9:14	7:04	6:05	14:25	7:12	15:26	12:31	9:12	27:56
7 Martin Allison	Full										245	3:50:38			
68 (20)	53 (5)	52 (5)	78 (30)	58 (10)	63 (15)	64 (15)	69 (20)	79 (30)	74 (25)	80 (30)	65 (15)	60 (10)	54 (5)	59 (10)	F
12:28	24:07	41:05	54:17	1:05:07	1:21:47	1:33:06	1:47:15	1:53:45	2:17:30	2:26:16	2:47:54	2:59:49	3:15:16	3:43:00	3:50:38
12:28	11:39	16:58	13:12	10:50	16:40	11:19	14:09	6:30	23:45	8:46	21:38	11:55	15:27	27:44	7:38
8 Sean McPartland	New										235	3:56:48			
68 (20)	53 (5)	73 (25)	52 (5)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	56 (10)	61 (15)	66 (20)	55 (5)	75 (25)		F
8:36	22:56	40:30	55:00	1:08:53	1:19:08	1:36:34	2:00:26	2:12:18	2:23:20	2:34:05	2:47:23	3:29:31	3:38:23	3:56:48	
8:36	14:20	17:34	14:30	13:53	10:15	17:26	23:52	11:52	11:02	10:45	13:18	42:08	8:52	18:25	
9 Simon Parson	Full										205	2:40:53			
68 (20)	53 (5)	63 (15)	64 (15)	80 (30)	74 (25)	69 (20)	79 (30)	58 (10)	78 (30)	52 (5)					F
8:41	17:37	28:51	37:24	50:20	55:40	1:06:30	1:15:58	1:40:47	1:50:41	2:10:14	2:40:53				
8:41	8:56	11:14	8:33	12:56	5:20	10:50	9:28	24:49	9:54	19:33	30:39				
10 James Goldsborough	New										195	3:56:42			
75 (25)	70 (20)	55 (5)	61 (15)	56 (10)	66 (20)	76 (30)	67 (20)	71 (25)	57 (10)	62 (15)					F
17:10	39:43	56:31	1:15:56	1:28:17	1:40:39	1:59:02	2:18:39	2:56:51	3:05:47	3:20:16	3:56:42				
17:10	22:33	16:48	19:25	12:21	12:22	18:23	19:37	38:12	8:56	14:29	36:26				
W21 Women 17-39 (6) 240:00 min 30 C 525 Pts															
1 Pippa Archer	New										350	4:01:43	-2		
51 (5)	61 (15)	56 (10)	71 (25)	57 (10)	52 (5)	72 (25)	77 (30)	62 (15)	67 (20)	76 (30)	66 (20)	55 (5)	75 (25)	70 (20)	65 (15)
10:20	16:42	22:12	30:21	35:45	53:10	1:03:00	1:09:00	1:19:45	1:35:10	1:49:08	2:01:31	2:25:38	2:30:38	2:47:12	2:58:13
10:20	6:22	5:30	8:09	5:24	17:25	9:50	6:00	10:45	15:25	13:58	12:23	24:07	5:00	16:34	11:01
2 Stephanie Fountain	Assoc										300	3:56:04			
75 (25)	55 (5)	67 (20)	76 (30)	66 (20)	61 (15)	56 (10)	71 (25)	57 (10)	62 (15)	77 (30)	72 (25)	52 (5)	78 (30)	58 (10)	53 (5)
15:13	20:33	54:56	1:13:54	1:30:17	1:46:22	1:53:24	2:03:25	2:10:31	2:19:36	2:30:42	2:40:52	2:54:37	3:06:34	3:19:22	3:28:59
15:13	5:20	34:23	18:58	16:23	16:05	7:02	10:01	7:06	9:05	11:06	10:10	13:45	11:57	12:48	9:37
3 Lisa Bolton	New										300	3:56:08			
75 (25)	55 (5)	67 (20)	76 (30)	66 (20)	61 (15)	56 (10)	71 (25)	57 (10)	62 (15)	77 (30)	72 (25)	52 (5)	78 (30)	58 (10)	53 (5)
15:15	20:37	54:57	1:14:13	1:30:25	1:46:28	1:53:28	2:03:28	2:10:35	2:19:40	2:30:46	2:40:56	2:54:42	3:06:43	3:19:28	3:29:05
15:15	5:22	34:20	19:16	16:12	16:03	7:00	10:00	7:07	9:05	11:06	10:10	13:46	12:01	12:45	9:37
4 Jenny Sutton	Assoc										265	3:44:55			
68 (20)	53 (5)	58 (10)	78 (30)	52 (5)	73 (25)	72 (25)	77 (30)	62 (15)	67 (20)	76 (30)	66 (20)	55 (5)	75 (25)		F
10:30	25:48	34:34	41:35	58:53	1:07:09	1:28:26	1:36:54	1:51:12	2:13:53	2:32:06	2:52:45	3:21:16	3:28:25	3:44:55	
10:30	15:18	8:46	7:01	17:18	8:16	21:17	8:28	14:18	22:41	18:13	20:39	28:31	7:09	16:30	
5 Amy Holmes / Heather Robinson	New										235	3:58:40			
68 (20)	53 (5)	73 (25)	52 (5)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	56 (10)	61 (15)	66 (20)	55 (5)	75 (25)		F
10:23	24:47	41:29	56:26	1:10:13	1:20:56	1:37:59	2:02:19	2:14:03	2:26:11	2:37:00	2:50:22	3:31:30	3:40:14	3:58:40	
10:23	14:24	16:42	14:57	13:47	10:43	17:03	24:20	11:44	12:08	10:49	13:22	41:08	8:44	18:26	
6 Sue Barker	Full										255	4:13:01	-35		
68 (20)	73 (25)	53 (5)	58 (10)	78 (30)	63 (15)	79 (30)	69 (20)	80 (30)	74 (25)	64 (15)	65 (15)	60 (10)	54 (5)		F
12:39	32:05	49:18	57:52	1:06:34	1:35:35	1:52:24	2:00:00	2:19:29	2:26:38	2:48:53	3:16:47	3:27:02	3:44:35	4:13:01	
12:39	19:26	17:13	8:34	8:42	29:01	16:49	7:36	19:29	7:09	22:15	27:54	10:15	17:33	28:26	
M40 Vet Men 40-49 (24) 240:00 min 30 C 525 Pts															
1 Andy Conn	Full										490	4:06:24	-9		
68 (20)	73 (25)	58 (10)	78 (30)	52 (5)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	67 (20)	76 (30)	66 (20)	56 (10)	61 (15)	55 (5)
6:26	18:10	29:21	34:23	45:52	54:04	59:17	1:07:47	1:17:05	1:22:23	1:41:01	1:52:34	2:03:19	2:15:52	2:20:46	2:33:32
6:26	11:44	11:11	5:02	11:29	8:12	5:13	8:30	9:18	5:18	18:38	11:33	10:45	12:33	4:54	12:46
2 Wayne Nicholson	Full										405	3:59:14			
68 (20)	53 (5)	58 (10)	78 (30)	52 (5)	73 (25)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	67 (20)	76 (30)	66 (20)	56 (10)	61 (15)
6:30	16:14	21:10	26:00	36:46	43:24	55:51	1:02:40	1:10:46	1:20:32	1:25:32	1:46:04	1:57:07	2:07:49	2:18:52	2:23:35
6:30	9:44	4:56	4:50	10:46	6:38	12:27	6:49	8:06	9:46	5:00	20:32	11:03	10:42	11:03	4:43
3 Andy Massey	Full										390	4:10:29	-20		
68 (20)	73 (25)	58 (10)	78 (30)	63 (15)	79 (30)	69 (20)	74 (25)	80 (30)	65 (15)	70 (20)	75 (25)	55 (5)	61 (15)	56 (10)	71 (25)
8:03	21:11	34:57	40:48	1:00:36	1:13:09	1:18:57	1:31:03	1:37:23	1:51:22	2:02:45	2:15:24	2:20:31	2:34:19	2:39:58	2:48:11
8:03	13:08	13:46	5:51	19:48	12:33	5:48	12:06	6:20	13:59	11:23	12:39	5:07	13:48	5:39	8:13

4 Andrew Tuck	Full														355	4:00:13	-1
68 (20)	73 (25)	58 (10)	78 (30)	52 (5)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	67 (20)	76 (30)	66 (20)	61 (15)	55 (5)	75 (25)		
9:49	24:20	37:35	43:03	56:00	1:06:24	1:12:37	1:23:42	1:35:27	1:41:56	2:03:22	2:16:13	2:28:25	2:43:18	2:59:30	3:04:41	3:10:00	3:15:11
9:49	14:31	13:15	5:28	12:57	10:24	6:13	11:05	11:45	6:29	21:26	12:51	12:12	14:53	16:12	5:11		
5 Nigel Barugh	New														345	3:43:57	
68 (20)	53 (5)	63 (15)	64 (15)	80 (30)	74 (25)	69 (20)	79 (30)	58 (10)	78 (30)	52 (5)	73 (25)	72 (25)	77 (30)	62 (15)	57 (10)		
8:36	17:41	28:48	37:33	50:17	55:36	1:06:34	1:15:55	1:40:08	1:50:44	2:08:50	2:15:31	2:30:53	2:37:45	2:48:11	3:02:32	3:08:00	3:13:11
8:36	9:05	11:07	8:45	12:44	5:19	10:58	9:21	24:13	10:36	18:06	6:41	15:22	6:52	10:26	14:21		
6 Andy Parsons	Full														345	4:04:13	-5
59 (10)	54 (5)	60 (10)	70 (20)	65 (15)	80 (30)	74 (25)	69 (20)	79 (30)	64 (15)	63 (15)	58 (10)	78 (30)	52 (5)	72 (25)	77 (30)		
7:24	17:34	33:48	47:48	1:00:03	1:15:37	1:22:42	1:36:27	1:43:11	1:54:58	2:04:55	2:21:58	2:29:20	2:45:03	2:56:53	3:06:15	3:11:26	3:16:37
7:24	10:10	16:14	14:00	12:15	15:34	7:05	13:45	6:44	11:47	9:57	17:03	7:22	15:43	11:50	9:22		
7 Tim Clarke	Full														365	4:13:07	-35
59 (10)	54 (5)	63 (15)	64 (15)	79 (30)	69 (20)	74 (25)	80 (30)	65 (15)	70 (20)	75 (25)	68 (20)	73 (25)	52 (5)	72 (25)	77 (30)		
5:22	16:08	25:04	38:32	49:44	56:20	1:09:12	1:16:23	1:33:50	1:54:17	2:06:41	2:28:56	2:45:24	2:54:10	3:05:40	3:12:25	3:17:36	3:22:47
5:22	10:46	8:56	13:28	11:12	6:36	12:52	7:11	17:27	20:27	12:24	22:15	16:28	8:46	11:30	6:45		
8 Mike Clarke	Full														320	3:58:31	
68 (20)	53 (5)	73 (25)	72 (25)	52 (5)	78 (30)	58 (10)	63 (15)	64 (15)	79 (30)	69 (20)	74 (25)	80 (30)	65 (15)	70 (20)	55 (5)		
9:42	20:25	32:59	53:14	1:06:59	1:18:03	1:28:14	1:42:53	1:52:51	2:04:46	2:17:15	2:31:47	2:40:05	3:04:50	3:19:47	3:33:55	3:39:06	3:44:17
9:42	10:43	12:34	20:15	13:45	11:04	10:11	14:39	9:58	11:55	12:29	14:32	8:18	24:45	14:57	14:08		
9 Garry Spence	Full														330	4:07:48	-11
68 (20)	53 (5)	73 (25)	72 (25)	52 (5)	78 (30)	58 (10)	63 (15)	64 (15)	79 (30)	69 (20)	74 (25)	80 (30)	65 (15)	70 (20)	55 (5)		
9:51	20:31	33:10	53:12	1:06:56	1:18:12	1:28:06	1:43:05	1:53:00	2:04:52	2:17:23	2:31:53	2:39:49	3:04:56	3:19:41	3:33:55	3:39:06	3:44:17
9:51	10:40	12:39	20:02	13:44	11:16	9:54	14:59	9:55	11:52	12:31	14:30	7:56	25:07	14:45	14:14		
10 David Paley	Assoc														315	3:53:12	
75 (25)	55 (5)	70 (20)	65 (15)	80 (30)	74 (25)	69 (20)	79 (30)	64 (15)	63 (15)	58 (10)	78 (30)	52 (5)	72 (25)	77 (30)	62 (15)		
13:26	19:30	39:14	52:12	1:07:51	1:14:47	1:28:57	1:36:03	1:54:43	2:03:54	2:18:32	2:25:48	2:42:55	2:55:08	3:03:43	3:17:15	3:30:48	3:44:23
13:26	6:04	19:44	12:58	15:39	6:56	14:10	7:06	18:40	9:11	14:38	7:16	17:07	12:13	8:35	13:32		
11 Stephen Jobson	Assoc														330	4:11:45	-25
68 (20)	73 (25)	52 (5)	72 (25)	77 (30)	62 (15)	67 (20)	76 (30)	66 (20)	71 (25)	56 (10)	61 (15)	55 (5)	75 (25)	70 (20)	65 (15)		
14:56	29:23	37:08	47:00	57:36	1:09:19	1:26:21	1:42:10	1:55:04	2:13:54	2:25:04	2:31:13	2:49:41	2:55:25	3:15:01	3:28:40	3:42:19	3:56:00
14:56	14:27	7:45	9:52	10:36	11:43	17:02	15:49	12:54	18:50	11:10	6:09	18:28	5:44	19:36	13:39		
12 Jim Swanson	New														330	4:11:46	-25
68 (20)	73 (25)	52 (5)	72 (25)	77 (30)	62 (15)	67 (20)	76 (30)	66 (20)	71 (25)	56 (10)	61 (15)	55 (5)	75 (25)	70 (20)	65 (15)		
14:55	29:34	37:06	47:09	57:43	1:09:30	1:26:28	1:42:11	1:55:10	2:14:00	2:25:03	2:31:13	2:49:43	2:55:37	3:14:25	3:28:49	3:42:24	3:56:00
14:55	14:39	7:32	10:03	10:34	11:47	16:58	15:43	12:59	18:50	11:03	6:10	18:30	5:54	18:48	14:24		
13 Allan Horsley	Full														310	4:06:43	-9
59 (10)	54 (5)	63 (15)	64 (15)	79 (30)	69 (20)	74 (25)	80 (30)	65 (15)	70 (20)	75 (25)	55 (5)	61 (15)	56 (10)	66 (20)	76 (30)		
4:14	14:55	23:36	33:35	46:24	52:46	1:06:37	1:13:37	1:31:57	1:46:54	1:59:18	2:06:54	2:20:55	2:29:24	2:38:47	2:51:46	3:04:45	3:17:44
4:14	10:41	8:41	9:59	12:49	6:22	13:51	7:00	18:20	14:57	12:24	7:36	14:01	8:29	9:23	12:59		
14 Simon Coiley / Andrew Salter	Assoc														300	4:01:32	-2
68 (20)	73 (25)	52 (5)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	67 (20)	76 (30)	66 (20)	56 (10)	61 (15)	55 (5)	75 (25)	70 (20)		
12:16	32:41	44:16	58:34	1:07:14	1:17:23	1:31:36	1:38:51	2:00:28	2:18:29	2:34:50	2:50:13	2:57:24	3:17:33	3:24:14	3:45:27	4:00:36	4:15:45
12:16	20:25	11:35	14:18	8:40	10:09	14:13	7:15	21:37	18:01	16:21	15:23	7:11	20:09	6:41	21:13		
15 Chris Fountain	Assoc														295	4:03:26	-4
68 (20)	53 (5)	73 (25)	52 (5)	72 (25)	77 (30)	62 (15)	67 (20)	76 (30)	66 (20)	56 (10)	71 (25)	61 (15)	55 (5)	70 (20)	75 (25)		
10:47	21:33	33:50	42:19	53:07	1:02:24	1:14:09	1:33:21	1:49:43	2:05:44	2:21:06	2:29:32	2:45:46	3:07:33	3:27:48	3:50:22	4:05:31	4:20:40
10:47	10:46	12:17	8:29	10:48	9:17	11:45	19:12	16:22	16:01	15:22	8:26	16:14	21:47	20:15	22:34		
16 Jake Herbert	New														295	4:05:53	-7
51 (5)	61 (15)	56 (10)	71 (25)	57 (10)	66 (20)	76 (30)	67 (20)	62 (15)	77 (30)	72 (25)	52 (5)	78 (30)	58 (10)	73 (25)	68 (20)		
13:32	21:07	28:26	39:56	47:11	1:10:22	1:25:54	1:43:15	2:05:32	2:17:30	2:26:39	2:41:32	2:54:49	3:09:59	3:29:59	3:52:09	4:07:18	4:20:27
13:32	7:35	7:19	11:30	7:15	23:11	15:32	17:21	22:17	11:58	9:09	14:53	13:17	15:10	20:00	22:10		
17 John Reay	Associate														285	3:53:55	
75 (25)	55 (5)	61 (15)	56 (10)	66 (20)	76 (30)	67 (20)	57 (10)	71 (25)	62 (15)	77 (30)	72 (25)	52 (5)	73 (25)	53 (5)	68 (20)		
13:47	19:17	34:48	40:57	50:01	1:05:59	1:48:38	2:16:38	2:23:17	2:37:07	2:46:23	2:54:44	3:09:43	3:17:36	3:32:47	3:43:01	3:53:15	4:03:29
13:47	5:30	15:31	6:09	9:04	15:58	42:39	28:00	6:39	13:50	9:16	8:21	14:59	7:53	15:11	10:14		
18 Bruce Forbes	New														225	3:31:59	
68 (20)	53 (5)	58 (10)	78 (30)	52 (5)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	66 (20)	56 (10)	61 (15)	51 (5)	F			
11:26	22:01	30:56	37:52	55:02	1:07:43	1:26:20	1:37:18	1:53:03	2:01:04	2:25:51	2:49:02	3:00:04	3:19:39	3:31:59			
11:26	10:35	8:55	6:56	17:10	12:41	18:37	10:58	15:45	8:01	24:47	23:11	11:02	19:35	12:20			
19 Paul Crane	Full														370	4:23:02	-150
51 (5)	61 (15)	56 (10)	66 (20)	76 (30)	67 (20)	57 (10)	71 (25)	62 (15)	77 (30)	72 (25)	73 (25)	52 (5)	78 (30)	58 (10)	63 (15)		
8:48	14:46	20:24	28:01	41:45	55:34	1:15:00	1:21:41	1:41:23	1:52:13	1:59:17	2:16:20	2:25:40	2:36:04	2:46:25	2:59:43	3:13:02	3:26:21
8:48	5:58	5:38	7:37	13:44	13:49	19:26	6:41	19:42	10:50	7:04	17:03	9:20	10:24	10:21	13:18		
20 Tim Stephenson	Assoc														215	3:20:26	
68 (20)	53 (5)	73 (25)	52 (5)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	56 (10)	61 (15)	55 (5)	75 (25)	F				
14:33	36:46	48:45	58:07	1:12:17	1:22:42	1:37:54	1:53:05	2:03:49	2:18:56	2:27:09	2:53:03	3:02:33	3:20:26				
14:33	22:13	11:59	9:22	14:10	10:25	15:12	15:11	10:44	15:07	8:13	25:54	9:30	17:53				
21 Mike Potts	New														200	3:44:19	
68 (20)	53 (5)	58 (10)	78 (30)	52 (5)	73 (25)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	F						
13:47	29:23	38:18	46:57	1:09:15	1:19:57	1:52:41	2:06:21	2:29:10	2:49:10	3:01:14	3:44:19						
13:47	15:36	8:55	8:39	22:18	10:42	32:44	13:40	22:49	20:00	12:04	43:05						
22 David Smart	New														150	3:48:23	
75 (25)	55 (5)	61 (15)	56 (10)	66 (

	68 (20)	73 (25)	52 (5)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	67 (20)	76 (30)	66 (20)	56 (10)	61 (15)	55 (5)	75 (25)	F
	12:41	30:27	40:10	51:07	59:32	1:13:55	1:26:51	1:34:21	2:02:30	2:20:46	2:36:54	2:54:55	3:04:59	3:33:47	3:40:26	3:57:42
	12:41	17:46	9:43	10:57	8:25	14:23	12:56	7:30	28:09	18:16	16:08	18:01	10:04	28:48	6:39	17:16
4 Anne Blood						Assoc						215		3:59:36		
	59 (10)	54 (5)	63 (15)	79 (30)	69 (20)	74 (25)	80 (30)	65 (15)	70 (20)	75 (25)	68 (20)					F
	8:07	29:49	41:06	58:54	1:14:39	1:37:07	1:47:05	2:11:21	2:31:10	2:52:51	3:45:13	3:59:36				
	8:07	21:42	11:17	17:48	15:45	22:28	9:58	24:16	19:49	21:41	52:22	14:23				
5 Ceri Williams						Full						185		3:43:28		
	68 (20)	73 (25)	52 (5)	78 (30)	58 (10)	63 (15)	64 (15)	79 (30)	69 (20)	54 (5)	59 (10)					F
	19:04	44:39	56:10	1:10:12	1:24:47	1:45:19	2:06:49	2:17:40	2:27:37	3:08:05	3:31:20	3:43:28				
	19:04	25:35	11:31	14:02	14:35	20:32	21:30	10:51	9:57	40:28	23:15	12:08				

M50SuperVetMen 50-59 (21)

240:00 min 30 C 525 Pts

1 Mike Barnard						Full						415		4:04:34		-5
	68 (20)	53 (5)	58 (10)	78 (30)	52 (5)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	56 (10)	61 (15)	55 (5)	75 (25)	70 (20)	65 (15)
	5:42	15:13	21:15	27:00	40:35	51:21	1:03:36	1:14:34	1:27:22	1:34:09	1:43:45	1:49:48	2:05:59	2:11:41	2:29:33	2:41:30
	5:42	9:31	6:02	5:45	13:35	10:46	12:15	10:58	12:48	6:47	9:36	6:03	16:11	5:42	17:52	11:57
2 Steve Willis						Full						345		3:55:47		
	68 (20)	53 (5)	58 (10)	78 (30)	52 (5)	73 (25)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	67 (20)	76 (30)	66 (20)	56 (10)	61 (15)
	6:50	15:45	22:10	28:11	42:04	49:13	1:05:06	1:12:07	1:21:55	1:33:18	1:39:57	1:59:07	2:14:42	2:30:16	2:44:51	2:51:35
	6:50	8:55	6:25	6:01	13:53	7:09	15:53	7:01	9:48	11:23	6:39	19:10	15:35	15:34	14:35	6:44
3 Colin Prestwich						Assoc						345		3:57:30		
	75 (25)	70 (20)	65 (15)	80 (30)	74 (25)	69 (20)	79 (30)	64 (15)	63 (15)	58 (10)	78 (30)	52 (5)	73 (25)	72 (25)	77 (30)	62 (15)
	23:59	39:46	50:31	1:03:53	1:09:18	1:20:40	1:27:03	1:37:25	1:45:38	1:59:10	2:09:48	2:26:12	2:34:05	2:53:35	3:03:58	3:15:15
	23:59	15:47	10:45	13:22	5:25	11:22	6:23	10:22	8:13	13:32	10:38	16:24	7:53	19:30	10:23	11:17
4 Graham Townsend						Full						340		4:03:10		-4
	68 (20)	73 (25)	52 (5)	78 (30)	58 (10)	63 (15)	64 (15)	79 (30)	69 (20)	74 (25)	80 (30)	65 (15)	60 (10)	70 (20)	75 (25)	55 (5)
	14:49	30:56	40:19	51:28	1:00:47	1:14:13	1:25:23	1:32:01	1:38:17	1:51:44	1:58:45	2:14:54	2:29:18	2:44:12	2:57:18	3:03:11
	14:49	16:07	9:23	11:09	9:19	13:26	11:10	6:38	6:16	13:27	7:01	16:09	14:24	14:54	13:06	5:53
5 John Rawden						Full						335		3:58:55		
	68 (20)	73 (25)	58 (10)	78 (30)	52 (5)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	67 (20)	76 (30)	66 (20)	56 (10)	61 (15)	55 (5)
	6:26	20:36	34:53	40:31	54:11	1:04:04	1:10:29	1:20:53	1:32:44	1:39:25	2:01:36	2:15:42	2:28:20	2:46:06	2:53:16	3:11:07
	6:26	14:10	14:17	5:38	13:40	9:53	6:25	10:24	11:51	6:41	22:11	14:06	12:38	17:46	7:10	17:51
6 Steve Wood						Full						325		3:49:10		
	68 (20)	53 (5)	58 (10)	78 (30)	52 (5)	73 (25)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	67 (20)	76 (30)	66 (20)	56 (10)	61 (15)
	8:18	18:51	25:13	31:03	45:09	52:01	1:09:20	1:16:55	1:28:18	1:41:20	1:48:48	2:07:54	2:25:05	2:41:04	3:00:48	3:08:01
	8:18	10:33	6:22	5:50	14:06	6:52	17:19	7:35	11:23	13:02	7:28	19:06	17:11	15:59	19:44	7:13
7 Julian Coulthard						Full						395		4:17:03		-70
	68 (20)	53 (5)	58 (10)	78 (30)	52 (5)	73 (25)	63 (15)	64 (15)	79 (30)	69 (20)	80 (30)	74 (25)	65 (15)	70 (20)	75 (25)	55 (5)
	11:58	22:28	28:50	34:44	48:34	55:13	1:18:21	1:27:37	1:37:50	1:43:27	1:56:55	2:03:22	2:24:42	2:36:11	2:48:48	2:53:54
	11:58	10:30	6:22	5:54	13:50	6:39	23:08	9:16	10:13	5:37	13:28	6:27	21:20	11:29	12:37	5:06
8 Adrian Baskerville						Full						315		3:50:05		
	68 (20)	53 (5)	58 (10)	78 (30)	52 (5)	73 (25)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	76 (30)	66 (20)	56 (10)	61 (15)	55 (5)
	10:14	21:24	29:31	35:46	50:53	58:43	1:18:07	1:26:28	1:37:34	1:50:11	1:57:31	2:17:35	2:32:31	2:49:02	2:56:47	3:18:11
	10:14	11:10	8:07	6:15	15:07	7:50	19:24	8:21	11:06	12:37	7:20	20:04	14:56	16:31	7:45	21:24
9 William Wilson						Assoc						315		4:05:09		-7
	68 (20)	73 (25)	72 (25)	52 (5)	78 (30)	58 (10)	53 (5)	63 (15)	64 (15)	79 (30)	69 (20)	74 (25)	80 (30)	65 (15)	70 (20)	75 (25)
	9:13	29:03	48:29	1:05:02	1:16:38	1:27:32	1:39:23	1:54:28	2:05:57	2:21:06	2:28:26	2:45:27	2:55:23	3:16:17	3:33:47	3:49:36
	9:13	19:50	19:26	16:33	11:36	10:54	11:51	15:05	11:29	15:09	7:20	17:01	9:56	20:54	17:30	15:49
10 John Deighton						Full						295		3:50:10		
	75 (25)	55 (5)	70 (20)	65 (15)	80 (30)	74 (25)	69 (20)	79 (30)	64 (15)	63 (15)	53 (5)	58 (10)	78 (30)	52 (5)	73 (25)	68 (20)
	19:31	26:30	48:12	1:01:30	1:17:45	1:29:13	1:41:22	1:48:44	2:01:08	2:10:50	2:26:13	2:37:01	2:44:42	3:02:12	3:11:54	3:37:53
	19:31	6:59	21:42	13:18	16:15	11:28	12:09	7:22	12:24	9:42	15:23	10:48	7:41	17:30	9:42	25:59
11 Neil Hymer						Full						295		4:00:54		-1
	68 (20)	73 (25)	58 (10)	78 (30)	52 (5)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	67 (20)	76 (30)	66 (20)	55 (5)	75 (25)	F
	11:50	29:17	43:50	55:54	1:10:31	1:21:19	1:29:02	1:41:40	1:53:47	2:01:17	2:36:26	3:06:30	3:18:55	3:41:17	3:47:13	4:00:54
	11:50	17:27	14:33	12:04	14:37	10:48	7:43	12:38	12:07	7:30	35:09	30:04	12:25	22:22	5:56	13:41
12 Christopher Wright						Full						285		3:51:56		
	75 (25)	55 (5)	61 (15)	56 (10)	71 (25)	66 (20)	76 (30)	67 (20)	57 (10)	62 (15)	77 (30)	72 (25)	52 (5)	73 (25)	53 (5)	68 (20)
	16:41	23:22	43:27	50:49	1:02:01	1:16:29	1:30:07	1:46:27	2:12:10	2:26:21	2:39:21	2:50:55	3:04:14	3:14:31	3:31:18	3:40:23
	16:41	6:41	20:05	7:22	11:12	14:28	13:38	16:20	25:43	14:11	13:00	11:34	13:19	10:17	16:47	9:05
13 Robin Freeman						New						285		3:54:01		
	75 (25)	55 (5)	61 (15)	56 (10)	66 (20)	76 (30)	67 (20)	57 (10)	71 (25)	62 (15)	77 (30)	72 (25)	52 (5)	73 (25)	53 (5)	68 (20)
	13:50	19:12	34:37	40:44	49:51	1:05:50	1:48:29	2:16:40	2:23:10	2:36:58	2:46:40	2:54:34	3:09:35	3:17:19	3:32:39	3:43:09
	13:50	5:22	15:25	6:07	9:07	15:59	42:39	28:11	6:30	13:48	9:42	7:54	15:01	7:44	15:20	10:30
14 Tony Dallimore						Full						280		3:51:39		
	68 (20)	73 (25)	53 (5)	58 (10)	78 (30)	52 (5)	72 (25)	77 (30)	62 (15)	57 (10)	71 (25)	76 (30)	66 (20)	61 (15)	56 (10)	51 (5)
	7:45	26:13	40:54	48:29	54:44	1:12:04	1:22:54	1:30:09	1:44:09	1:56:37	2:04:25	2:36:40	2:51:52	3:10:18	3:19:31	3:38:17
	7:45	18:28	14:41	7:35	6:15	17:20	10:50	7:15	14:00	12:28	7:48	32:15	15:12	18:26	9:13	18:46
15 Stephen Roberts						Full						270		3:38:22		
	75 (25)	55 (5)	70 (20)	65 (15)	80 (30)	74 (25)	69 (20)	79 (30)	64 (15)	63 (15)	58 (10)	78 (30)	52 (5)	73 (25)		F
	17:52	25:06	45:54	59:08	1:16:36	1:30										

11:42 21:53 30:37 37:44 55:26 1:07:32 1:26:33 1:36:29 1:52:55 2:00:23 2:25:41 2:46:13 2:58:42 3:19:15 3:30:05
 11:42 10:11 8:44 7:07 17:42 12:06 19:01 9:56 16:26 7:28 25:18 20:32 12:29 20:33 10:50

W50SuperVetWomen 50- (1) 240:00 min 30 C 525 Pts

1 Karen Clark Full 270 3:38:22
 75 (25) 55 (5) 70 (20) 65 (15) 80 (30) 74 (25) 69 (20) 79 (30) 64 (15) 63 (15) 58 (10) 78 (30) 52 (5) 73 (25) 73 (25) F
 17:43 25:00 45:56 59:03 1:16:39 1:30:08 1:43:31 1:50:12 2:03:32 2:12:22 2:28:15 2:44:40 3:02:03 3:11:39 3:38:22
 17:43 7:17 20:56 13:07 17:36 13:29 13:23 6:41 13:20 8:50 15:53 16:25 17:23 9:36 26:43

M60 Men 60+ (7) 240:00 min 30 C 525 Pts

1 Geoffrey Moorhouse Full 355 3:58:50
 59 (10) 54 (5) 63 (15) 64 (15) 80 (30) 74 (25) 69 (20) 79 (30) 58 (10) 78 (30) 52 (5) 73 (25) 72 (25) 77 (30) 62 (15) 57 (10) F
 8:19 20:09 29:25 39:05 55:50 1:01:50 1:14:30 1:20:37 1:46:19 1:52:57 2:09:23 2:17:16 2:38:33 2:46:49 2:58:50 3:11:46 3:30:05
 8:19 11:50 9:16 9:40 16:45 6:00 12:40 6:07 25:42 6:38 16:26 7:53 21:17 8:16 12:01 12:56

2 Roger Tyler Full 330 4:00:42 -1
 68 (20) 53 (5) 58 (10) 78 (30) 52 (5) 73 (25) 72 (25) 77 (30) 62 (15) 57 (10) 71 (25) 67 (20) 76 (30) 66 (20) 56 (10) 61 (15) F
 12:50 24:07 31:23 38:07 54:27 1:01:57 1:19:38 1:27:38 1:39:33 1:51:58 1:59:25 2:18:21 2:33:14 2:49:10 3:05:49 3:13:22 3:30:05
 12:50 11:17 7:16 6:44 16:20 7:30 17:41 8:00 11:55 12:25 7:27 18:56 14:53 15:56 16:39 7:33

3 Dennis Jaques Full 325 3:59:10
 75 (25) 55 (5) 61 (15) 56 (10) 66 (20) 76 (30) 67 (20) 71 (25) 57 (10) 62 (15) 77 (30) 72 (25) 73 (25) 52 (5) 78 (30) 58 (10) F
 12:47 18:07 39:49 45:46 54:37 1:06:40 1:20:37 1:45:30 1:52:16 2:24:21 2:33:25 2:42:00 2:58:00 3:06:29 3:16:47 3:28:24 3:38:05
 12:47 5:20 21:42 5:57 8:51 1:06:40 1:20:37 1:45:30 1:52:16 2:24:21 2:33:25 2:42:00 2:58:00 3:06:29 3:16:47 3:28:24 3:38:05

4 David Horn Assoc 250 3:42:10
 68 (20) 73 (25) 58 (10) 78 (30) 52 (5) 72 (25) 77 (30) 62 (15) 57 (10) 71 (25) 56 (10) 61 (15) 55 (5) 75 (25) F
 17:29 35:33 51:48 58:52 1:14:34 1:29:41 1:39:15 1:56:25 2:19:08 2:28:05 2:41:11 2:50:44 3:13:02 3:20:13 3:42:10
 17:29 18:04 16:15 7:04 15:42 15:07 9:34 17:10 22:43 8:57 13:06 9:33 22:18 7:11 21:57

5 Frank Appleton Full 220 3:38:00
 59 (10) 54 (5) 60 (10) 70 (20) 65 (15) 80 (30) 74 (25) 69 (20) 79 (30) 64 (15) 63 (15) 53 (5) 68 (20) F
 7:54 22:14 43:16 1:05:37 1:20:55 1:38:29 1:46:56 2:04:03 2:18:18 2:36:39 2:47:27 3:07:06 3:21:12 3:38:00
 7:54 14:20 21:02 22:21 15:18 17:34 8:27 17:07 14:15 18:21 10:48 19:39 14:06 16:48

6 Brian Tucker New 290 4:19:53 -90
 51 (5) 61 (15) 56 (10) 71 (25) 57 (10) 77 (30) 72 (25) 52 (5) 73 (25) 53 (5) 58 (10) 78 (30) 63 (15) 64 (15) 79 (30) 69 (20) F
 12:07 20:17 27:06 36:57 44:16 1:09:07 1:18:58 1:32:28 1:44:02 2:02:20 2:12:37 2:20:17 2:50:53 3:08:18 3:16:39 3:24:58 3:30:05
 12:07 8:10 6:49 9:51 7:19 24:51 9:51 13:30 11:34 18:18 10:17 7:40 30:36 17:25 8:21 8:19

7 John Burkinshaw / Michael Poulter Assoc 230 4:24:18 -165
 75 (25) 55 (5) 61 (15) 56 (10) 71 (25) 66 (20) 76 (30) 67 (20) 57 (10) 62 (15) 77 (30) 72 (25) F
 16:19 25:11 50:10 58:27 1:14:05 1:44:49 2:21:51 2:40:41 3:11:25 3:27:39 3:41:39 3:52:40 4:24:18
 16:19 8:52 24:59 8:17 15:38 30:44 37:02 18:50 30:44 16:14 14:00 11:01 31:38

W60 Women 60+ (1) 240:00 min 30 C 525 Pts

1 Karen Blackburn Full 355 4:02:34 -3
 59 (10) 70 (20) 65 (15) 80 (30) 74 (25) 69 (20) 79 (30) 64 (15) 63 (15) 58 (10) 78 (30) 52 (5) 73 (25) 72 (25) 77 (30) 62 (15) F
 6:37 35:18 46:53 1:00:56 1:06:30 1:19:22 1:25:33 1:37:10 1:44:53 2:01:42 2:08:04 2:24:41 2:32:36 2:52:02 3:00:46 3:14:02 3:30:05
 6:37 28:41 11:35 14:03 5:34 12:52 6:11 11:37 7:43 16:49 6:22 16:37 7:55 19:26 8:44 13:16

Generation (3) 240:00 min 30 C 525 Pts

1 Richard Martin / James Martin Full 260 3:49:40
 68 (20) 73 (25) 53 (5) 63 (15) 64 (15) 79 (30) 69 (20) 74 (25) 80 (30) 65 (15) 60 (10) 70 (20) 55 (5) 75 (25) F
 8:39 33:10 50:34 1:04:49 1:15:43 1:23:24 1:32:14 1:49:53 2:01:34 2:24:33 2:39:49 3:00:46 3:21:21 3:29:15 3:49:40
 8:39 24:31 17:24 14:15 10:54 7:41 8:50 17:39 11:41 22:59 15:16 20:57 20:35 7:54 20:25

2 Peter Kane / Brad Kane Assoc 220 3:33:28
 75 (25) 55 (5) 70 (20) 65 (15) 80 (30) 64 (15) 79 (30) 63 (15) 78 (30) 58 (10) 53 (5) 68 (20) F
 19:20 25:31 48:45 1:09:22 1:29:52 1:47:13 1:56:51 2:17:40 2:43:17 2:56:53 3:09:28 3:19:52 3:33:28
 19:20 6:11 23:14 20:37 20:30 17:21 9:38 20:49 25:37 13:36 12:35 10:24 13:36

3 Patrick Piggot / Oliver Piggot New 225 4:04:06 -5
 68 (20) 73 (25) 58 (10) 78 (30) 52 (5) 72 (25) 77 (30) 62 (15) 57 (10) 71 (25) 56 (10) 61 (15) 55 (5) F
 16:38 37:20 56:32 1:06:05 1:27:19 1:46:56 1:59:06 2:15:10 2:31:58 2:51:18 3:08:59 3:18:57 3:42:34 4:04:06
 16:38 20:42 19:12 9:33 21:14 19:37 12:10 16:04 16:48 19:20 17:41 9:58 23:37 21:32

X40 Mixed 80-99 (2) 240:00 min 30 C 525 Pts

1 Paul Duncan / Ruth Greenwood Assoc 275 4:04:33 -5
 75 (25) 55 (5) 61 (15) 56 (10) 66 (20) 76 (30) 67 (20) 57 (10) 71 (25) 62 (15) 77 (30) 72 (25) 73 (25) 68 (20) F
 14:58 21:43 43:10 54:51 1:04:51 1:19:06 1:35:39 2:02:52 2:13:35 2:35:09 2:54:31 3:14:07 3:33:23 3:53:05 4:04:33
 14:58 6:45 21:27 11:41 10:00 14:15 16:33 27:13 10:43 21:34 19:22 19:36 19:16 19:42 11:28

2 David Thompson / Rebecca Thompson Assoc 245 3:53:29
 75 (25) 55 (5) 61 (15) 56 (10) 71 (25) 66 (20) 76 (30) 67 (20) 62 (15) 77 (30) 72 (25) 52 (5) 68 (20) F
 21:08 26:59 45:01 52:42 1:05:57 1:22:06 1:53:25 2:10:03 2:32:06 2:43:58 3:07:44 3:22:02 3:41:38 3:53:29
 21:08 5:51 18:02 7:41 13:15 16:09 31:19 16:38 22:03 11:52 23:46 14:18 19:36 11:51

X50 Mixed 100+ (5) 240:00 min 30 C 525 Pts

1 George Hamilton / Karen Hamilton Assoc 295 3:55:33
 68 (20) 53 (5) 58 (10) 78 (30) 52 (5) 73 (25) 63 (15) 64 (15) 79 (30) 69 (20) 74 (25) 80 (30) 65 (15) 70 (20) 75 (25) 55 (5) F
 9:12 20:48 29:45 36:25 53:07 1:00:54 1:26:28 1:40:35 1:48:31 1:56:39 2:12:04 2:24:26 2:43:19 3:02:12 3:17:44 3:28:00 3:30:05
 9:12 11:36 8:57 6:40 16:42 7:47 25:34 14:07 7:56 8:08 15:25 12:22 18:53 18:53 15:32 10:16

2 Ralph Defty / Christine Defty Full 280 4:04:10 -5
 75 (25) 55 (5) 61 (15) 56 (10) 66 (20) 76 (30) 67 (20) 71 (25) 57 (10) 62 (15) 77 (30) 72 (25) 52 (5) 73 (25) 68 (20) F
 19:31 26:14 45:28 54:11 1:04:26 1:23:51 1:44:19 2:19:09 2:37:03 2:46:07 2:57:52 3:08:08 3:21:27 3:30:18 3:50:51 4:04:10
 19:31 6:43 19:14 8:43 10:15 19:25 20:28 34:50 17:54 9:04 11:45 10:16 13:19 8:51 20:33 13:19

3 Paul Scott / Deborah Goodall Full 300 4:11:09 -25
 71 (25) 57 (10) 67 (20) 76 (30) 66 (20) 56 (10) 61 (15) 55 (5) 75 (25) 70 (20) 65 (15) 80 (30) 74 (25) 69 (20) 63 (15) 54 (5) F

	25:07	31:03	54:22	1:08:45	1:22:01	1:37:04	1:45:23	2:03:21	2:10:04	2:29:51	2:43:08	3:00:25	3:06:42	3:21:30	3:41:17	3:50:05	4:00:00		
	25:07	5:56	23:19	14:23	13:16	15:03	8:19	17:58	6:43	19:47	13:17	17:17	6:17	14:48	19:47	8:48			
4 Tim Watts / Lorraine Naylor	Assoc																215	3:59:36	
	59(10)	54(5)	63(15)	79(30)	69(20)	74(25)	80(30)	65(15)	70(20)	75(25)	68(20)						F		
	8:05	29:34	41:15	59:03	1:14:38	1:37:01	1:46:36	2:10:59	2:31:02	2:52:30	3:45:21	3:59:36							
	8:05	21:29	11:41	17:48	15:35	22:23	9:35	24:23	20:03	21:28	52:51	14:15							
5 Tom Mellor / Gill Mellor	Assoc																245	4:16:22	-60
	68(20)	53(5)	73(25)	52(5)	78(30)	58(10)	63(15)	64(15)	79(30)	69(20)	74(25)	80(30)	65(15)				F		
	11:04	25:35	41:14	53:19	1:12:26	1:30:08	1:53:14	2:08:49	2:21:02	2:46:50	3:05:57	3:16:03	3:39:00	4:16:22					
	11:04	14:31	15:39	12:05	19:07	17:42	23:06	15:35	12:13	25:48	19:07	10:06	22:57	37:22					

Y18 Youth 15-16 (1) 240:00 min 30 C 525 Pts

1 Samuel Wilson	Assoc																290	4:01:51	-2
	68(20)	73(25)	53(5)	58(10)	78(30)	52(5)	72(25)	77(30)	62(15)	57(10)	71(25)	67(20)	76(30)	66(20)	61(15)	51(5)			
	8:23	26:13	42:29	50:14	56:36	1:12:12	1:25:08	1:32:29	1:46:53	2:02:05	2:13:10	2:37:00	2:56:04	3:16:24	3:38:39	3:50:04	4:00:00		
	8:23	17:50	16:16	7:45	6:22	15:36	12:56	7:21	14:24	15:12	11:05	23:50	19:04	20:20	22:15	11:25			

Non Comp (11) 240:00 min 30 C 525 Pts

1 Brendon Smurthwaite	New																225	2:45:19	
	51(5)	61(15)	56(10)	71(25)	57(10)	62(15)	77(30)	72(25)	52(5)	78(30)	58(10)	73(25)	68(20)				F		
	11:33	19:15	26:49	37:46	44:45	55:39	1:06:25	1:14:52	1:27:28	1:42:01	1:54:16	2:12:14	2:32:50	2:45:19					
	11:33	7:42	7:34	10:57	6:59	10:54	10:46	8:27	12:36	14:33	12:15	17:58	20:36	12:29					
2 Andy Hudson	Assoc																185	2:21:45	
	70(20)	65(15)	80(30)	74(25)	69(20)	79(30)	64(15)	63(15)	54(5)	59(10)							F		
	26:17	40:08	57:17	1:05:27	1:19:29	1:29:52	1:41:20	1:50:29	1:58:51	2:12:55	2:21:45								
	26:17	13:51	17:09	8:10	14:02	10:23	11:28	9:09	8:22	14:04	8:50								
3 Jonathan Kermode	Assoc																115	2:04:43	
	68(20)	73(25)	72(25)	77(30)	62(15)												F		
	13:30	34:07	56:47	1:07:21	1:29:49	2:04:43													
	13:30	20:37	22:40	10:34	22:28	34:54													
4 Brian Crossley	Full																115	2:04:44	
	68(20)	73(25)	72(25)	77(30)	62(15)												F		
	13:27	34:03	56:56	1:07:16	1:30:01	2:04:44													
	13:27	20:36	22:53	10:20	22:45	34:43													
5 Helen Reay	New																90	2:34:26	
	68(20)	53(5)	52(5)	78(30)	58(10)	63(15)	54(5)										F		
	10:39	25:49	55:06	1:12:21	1:30:22	1:53:15	2:07:57	2:34:26											
	10:39	15:10	29:17	17:15	18:01	22:53	14:42	26:29											
6 David Bowes	Assoc																80	2:35:18	
	59(10)	54(5)	63(15)	53(5)	73(25)	68(20)											F		
	14:21	40:48	55:14	1:30:52	1:48:57	2:22:00	2:35:18												
	14:21	26:27	14:26	35:38	18:05	33:03	13:18												
7 Jack Bowes	Assoc																80	2:35:19	
	59(10)	54(5)	63(15)	53(5)	73(25)	68(20)											F		
	14:20	40:48	55:11	1:31:03	1:48:49	2:21:51	2:35:19												
	14:20	26:28	14:23	35:52	17:46	33:02	13:28												
8 Jane Redfern	Assoc																75	2:18:43	
	70(20)	55(5)	61(15)	56(10)	71(25)												F		
	33:26	52:42	1:18:23	1:28:44	1:41:44	2:18:43													
	33:26	19:16	25:41	10:21	13:00	36:59													
9 Nick Redfern	Assoc																75	2:18:45	
	70(20)	55(5)	61(15)	56(10)	71(25)												F		
	33:26	52:48	1:18:04	1:28:49	1:41:47	2:18:45													
	33:26	19:22	25:16	10:45	12:58	36:58													
10 Simon Potter	Full																60	1:45:29	
	75(25)	55(5)	61(15)	56(10)	51(5)												F		
	21:45	29:45	52:46	1:03:33	1:28:58	1:45:29													
	21:45	8:00	23:01	10:47	25:25	16:31													
11 Fiona Massey	Assoc																60	3:17:07	
	70(20)	65(15)	60(10)	54(5)	59(10)												F		
	52:01	1:25:23	1:44:22	2:13:12	2:56:16	3:17:07													
	52:01	33:22	18:59	28:50	43:04	20:51													